

ROSARY FOR BRIGID, WITH PRAYERS

I will begin this post by saying a bit about “the rosary”. Yes, it is technically a Catholic thing. Either describing the string of beads itself, or the set of prayers that are associated with it. Full transparency, I was raised Catholic. And I do have very fond memories of praying the rosary. When I wanted to create a set of prayer beads as an aid to my Goddess prayer practice, I naturally wanted to call it a rosary. You can call them “Brigid prayer beads” if that feels better to you!

A photo of the rosary appears at the end of this posting. In constructing my rosary, here are the sections of beads I included, from the top down to the bottom in the photo.

19 Beads for Brigid –

since the number 19 is prevalent in her devotion, I wanted the main top section to have 19 beads. I used these nifty green and blue glass beads that glow in the dark!

3 sets of 3 down each side -

On each side, you will see

- 3 purple beads for water, separated by small blue stones

- 3 purple beads for fire, separated by small red stones

- 3 purple beads for earth, separated by small green stones

Each group of 3 is separated by a small silver tree of life bead

Celtic knot bead where they meet

3 Archetype beads in blue, white and black

1 silver inverted triangle bead for Divine Feminine and Spirit Seeder

Silver celtic cross with a Brigid’s Cross in the middle

For the physical construction, I strung the beads together using eye pins, in what is called a “beaded link”. You basically use a piece of wire with a pre-made loop (the “eye”) at one end. A bead is slid onto it, and the wire is then cut and bent to form another loop, securing the bead and allowing it to be linked to another, creating a “linked” chain. That way, if you break the necklace, you don’t lose all the beads, which is what happens when you string all the beads on one continuous string.

There are a million ways you can arrange beads together in ways that are pleasing to look at and meaningful to you. I encourage you to get creative with making your own!

Here are some ways I use my Brigid’s Rosary.

Daily Devotional Practice:

I use mainly the top 19 beads for this. This is a prayer sequence that is partly “developed” and partly improvised. It changes every time I do it but is also based on repetition of a set prayer.

When I was in Ireland in 2025, on spiritual pilgrimage, I picked up a smattering of Irish Gaelic phrases that were meaningful to me. I don’t know if the way they are strung

together is grammatically correct or not, but here is the prayer that came out of that. I have tried my best to give a phonetic pronunciation guide and translation.

Breo saighead	Breh-oh SIGH-ad	Old Gaelic Irish name for Brigid, meaning fiery power or fiery arrow
Bandia mo sinsear	Ban-JEE-ah muh SHIN-shur	Goddess of my ancestors (often references Cailleach)
Oscail mo chroí	USS-kil muh KHREE	Open my heart (implies reveal what is hidden)
Béidh réidh gach aimhréidh	Bay ray gokh av-ray	All that is tangled will be straightened
Is tú mo ghrá geal	Iss too muh graw gyal	You are my bright shining love (implies a lunar quality)

Bead 1: Breo saighead, Bandia mo sinsear, Oscail mo chroí, Béidh réidh gach aimhréidh, Is tú mo ghrá geal

Bead 2: Oh Brigid, fiery power, goddess of my ancestors, please open my heart. May what is tangled become unraveled. You are my bright shining love.

Bead 3: Breo saighead, Bandia mo sinsear, Oscail mo chroí, Béidh réidh gach aimhréidh, Is tú mo ghrá geal

Bead 4: Free form prayer, based on whatever is coming up around the phrases. For example, “Ignite me mother, light my heart and fill me with will and strength” or “let me feel the pull of you in my belly button, in my connection with my ancestors who were devoted to you”, or “Brigid, help me cut the ties of addiction, bound there from my ancestors”, or “help me to open my heart to you Brigid, I invite you in, come into my heart and dwell within me”, or “help me to reveal what is hidden, let the tangles become unraveled in your love”, or “shine down on me mother, be my strength, shine through me, shine from me, let my choices reflect your strength.” You get the idea?

Bead 5: Breo saighead, Bandia mo sinsear, Oscail mo chroí, Béidh réidh gach aimhréidh, Is tú mo ghrá geal

Bead 6: Free form prayer, as above

Bead 7: Breo saighead, Bandia mo sinsear, Oscail mo chroí, Béidh réidh gach aimhréidh, Is tú mo ghrá geal

Using this pattern, continuing until Bead 19

3 beads for water – some free form prayer about the Goddess of the Holy Well, the sacred waters, the healing aspects of Brigid.

3 beads for fire – some free form prayer about the Goddess of the Sacred Flame, tending the sacred fire within myself, the aspects of Brigid that have to do with creativity, inspiration, the fire energy to do what I need to do today.

3 beads for earth – some free form prayer about the Goddess who is this living earth, the animist force that stands behind the named goddess, my deep-rooted connection to this earth and how I can be more anchored and grounded today.

3 archetype beads – some free form greeting and prayer for the 3 main inner parts I work with on a daily basis. The Elder I long to become, the inner High Priestess and the Queen (who balances sovereignty and surrender)

Spirit Seeder – some free form prayer to the vision of my inner soul, the one who is helping me give my gifts to the world.

Brigid's Cross – some free form prayer of gratitude and love to Her

19 Days of Brigid Practice:

I also use this rosary in a specific sequence of prayers that I use from time to time. Always in a 19 day devotional cycle I do around the time of Imbolc – but that I also use from occasionally if I want to add more meditation on the attributes of Brigid. You can see this whole practice on my website under Personal Practices, the 19 Days of Brigid.

SCROLL DOWN FOR THE PHOTO OF THE ROSARY!



