

Loaded Mashed Potatoes

See Ingredients for Meals for info on mashed potatoes. This recipe is using the standard box instructions for Idahoan or Betty Crocker boxed mashed potatoes. Adjust your water and dry potato measurements as needed.

This makes almost a full cozy, a little less than 4 Cups of food

AT HOME:

Bag 1:

1 2/3 Cup dry potatoes (to make 5 servings)

2 Tbsp whole milk or heavy cream powder

3 - 4 Tbsp butter powder

3 Tbsp sour cream powder

1.5 Tbsp nutritional yeast

3-4 Tbsp cheddar powder

salt and pepper (1/2 to 3/4 Tsp salt)

1/2 Tsp garlic powder

(this will take 2.5 C water for potatoes and a little extra for all the add-ins)

Bag 2:

1 C Mixed veggies (maybe broccoli, cauliflower, FD corn, FD peas, chives)

1/4 Cup bacon bits (get the real ones not the imitation ones)

ON TRAIL:

Add contents of Bag 2 to 3 to 3 1/4 cup water in pan. Bring to boil, cook for 1-2 min

Put contents of bag 1 in cozy, add contents of pot and stir. (make sure you scrape all the powder from the bottom of the cozy as you stir – pull the cup out of the insulation and see if you got it all)